



# CGFM Financial Policies

1750 12th Street  
Hood River, OR 97031

Phone: 541-386-5070  
Fax: 541-386-7190  
Web: www.cgfm.com

**Date:** \_\_\_\_\_ **Birthdate:** \_\_\_\_\_  
(mm/dd/yyyy) (mm/dd/yyyy)

**Patient Name:** \_\_\_\_\_  
(last name, first name, middle initial)

Thank you for choosing Columbia Gorge Family Medicine (CGFM) for your healthcare services.

Please review the policies below carefully and feel free to ask questions should you have them. In order to ensure accurate billing and to prevent fraud, we ask each patient to provide us a copy of a photo ID along with their insurance card. When you receive a new insurance card or change to another health plan, it is your responsibility to inform us with updated policy info and provide us with a copy of the card

We bill your insurance as a courtesy and must have accurate health plan information. This includes primary and secondary, automobile and workers' compensation insurances. Failure to provide us with accurate and up-to-date information specific to your visit will result in patient responsibility for the balance owed.

It is the patient's responsibility to check with their health plan for eligibility and benefit details including: 1) In-network provider status; 2) Primary Care Provider (PCP) assignment; and 3) potential financial responsibility for services not covered on or after the date of service at CGFM. **By signing below, I accept this responsibility.**

Most office visits require a co-pay which is due at the time of service. If your co-pay is not printed on your card and/or we are unable to confirm when checking eligibility, a standard deposit of \$25 will apply.

If you don't have health insurance, have a high deductible plan or your account is in collection status, we require a \$75.00 deposit every visit. Your \$75 deposit will be applied to your total out of pocket.

For visits during extended hours (Acute Care) we collect \$100 at the time of service if uninsured. We will bill your insurance and if payment is made we will refund any monies owed to you. If you are an established patient we will collect based on your insurance plan's estimated patient responsibility, otherwise a \$50 deposit will be collected.

Patients without health insurance (self-pay) will receive a 10% "uninsured discount". The uninsured discount is applicable to professional services only and doesn't apply to drugs, vaccines, or medical supplies. The uninsured discount will only apply to services when Patient was truly uninsured and will be reversed if we discover active health insurance or a health plan retroactively covers patient visit.

Please inquire with our billing staff about 10% pay in full discount or payment plan options.

There is a \$30 charge on returned checks. Failure to pay your bill or make arrangements with our billing department could result in dismissal from the practice and your account being assigned to an outside collection agency where you will be responsible for all collection cost and attorney fees incurred.

Missing your appointment without calling us to cancel or reschedule prior to 24 hours will result in a \$25 fee. After three (3) no-shows, your account will go to review for dismissal.

I understand and agree to Columbia Gorge Family Medicine's financial policies as described above.

**Signed** \_\_\_\_\_ **by** \_\_\_\_\_  
(mm/dd/yyyy) Signature of patient

**Signed** \_\_\_\_\_ **by** \_\_\_\_\_  
(mm/dd/yyyy) Signature of parent, guardian, or legal representative

# Patient Demographics



**COLUMBIA GORGE**  
FAMILY MEDICINE

**Date:** \_\_\_\_\_  
(mm/dd/yyyy)

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**Patient Name:** \_\_\_\_\_  
(last name, first name middle initial)

**Birthdate:** \_\_\_\_\_  
(mm/dd/yyyy)

**Sex:**  Female  
 Male

**Previous Name:** \_\_\_\_\_  
(e.g., maiden name)

## Home Address

\_\_\_\_\_ Address

**Preferred Name:** \_\_\_\_\_  
(e.g., nickname)

\_\_\_\_\_ **Mailing Address**

\_\_\_\_\_ City, State \_\_\_\_\_ Zipcode

## Patient Contact Information

Home phone: \_\_\_\_\_ (Please include area code)  
Work phone: \_\_\_\_\_  
Cell phone: \_\_\_\_\_

**Marital status:**  Single  Married  
 Separated  Divorced  
 Widowed

## Secure Web Portal Access

If you would you like to have access to our portal, please check in at the front desk for your log-in and password.

## Emergency Contact Information

**Name:** \_\_\_\_\_  
(last name, first name middle initial)

**Relationship:** \_\_\_\_\_

Home phone: \_\_\_\_\_ (Please include area code)  
Work phone: \_\_\_\_\_  
Cell phone: \_\_\_\_\_

## Other Contact Information

**Name:** \_\_\_\_\_  
(last name, first name middle initial)

**Relationship:** \_\_\_\_\_

Home phone: \_\_\_\_\_ (Please include area code)  
Work phone: \_\_\_\_\_  
Cell phone: \_\_\_\_\_

## Detailed Voicemail Message Consent

Can Columbia Gorge Family Medicine leave detailed messages about your appointments, lab results, or conditions on your Phone Voicemail to avoid multiple call attempts?  YES  NO

### Race

- American Indian or Alaska Native
- Asian
- Native Hawaiian
- Black or African American
- White
- Hispanic
- Other

### Ethnicity

- Hispanic
- Non-Hispanic

### Preferred Language

- English
- Spanish
- Other: \_\_\_\_\_

Check here if you to decline to answer:



# Consent for Treatment

IMPORTANT: To be filled out by patient if 14 years or older



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## CONSENT FOR TREATMENT:

I voluntarily consent to the rendering of care, including treatment and performance of diagnostic procedures. I understand that I am under the care and supervision of the attending physician and it is the responsibility of the staff to carry out the instructions of such physicians. This consent is valid until such time it is revoked in writing or a new consent is completed.

## RELEASE OF INFORMATION:

By signing this form, you are granting consent to Columbia Gorge Family Medicine to use and disclose your protected health information for the purposes of treatment, payment and health care operations. Our Notice of Privacy Practices is available at the front desk and also our website, www.cgfm.com. You have a legal right to review our Notice of Privacy Practices before you sign this consent, and we encourage you to read it in full.

Our notice of Privacy Practices is subject to change. If we change our notice, you may obtain a copy of the revised notice by telephoning our office at 541-386-5070. You have a right to request us to restrict how we use and disclose your protected health information for the purposes of treatment, payment or health care operations. We are not required by law to grant your request and we are bound by this agreement.

## MEDICARE AND MEDICAID CONSENT TO RELEASE INFORMATION:

I certify that the information given by me in applying for payment under Title XVIII and/or Title XI of the Social Security Act is correct. I authorize any holder of medical or other information about me, to release to the Social Security Administration or its intermediary carriers, any information needed for this or related Medicare or Medicaid claim.

## ASSIGNMENT OF BENEFITS:

I hereby authorize my insurance benefits be paid directly to Columbia Gorge Family Medicine. I understand I am financially responsible for non-covered services, any remaining deductible and co-pay. I also authorize Columbia Gorge Family Medicine to release any information required in the processing of this claim.

You have the right to revoke this consent in writing, except to the extent we already have used or disclosed your protected health information in reliance of your consent. The date effective of a written revoked consent will be the date it is received and scanned into the patients chart.

## PRESCRIPTION DATA:

I authorize Columbia Gorge Family Medicine to obtain information regarding my prescriptions from pharmacies and other outside sources to better coordinate my healthcare.  Yes  No

## REVOCACTION RIGHTS:

I hereby consent to the authorizations described above and will accept medical treatment from Columbia Gorge Family Medicine. This authorization will stay in effect until such time a new one is signed or a written revocation is done.

**Signed** \_\_\_\_\_ **by** \_\_\_\_\_  
(mm/dd/yyyy) Signature of patient

**Signed** \_\_\_\_\_ **by** \_\_\_\_\_  
(mm/dd/yyyy) Signature of parent, guardian, or legal representative

**Parent / Guardian / Representative Name (Printed):** \_\_\_\_\_

Any person listed below has my permission to authorize medical treatment for me/this patient. These same people have the right to discuss my health care with representatives of the practice for purposes of treatment, billing, or health care operations.

**1) Name:** \_\_\_\_\_  
Please PRINT name and relationship to patient Phone Number

**2) Name:** \_\_\_\_\_  
Please PRINT name and relationship to patient Phone Number

**3) Name:** \_\_\_\_\_  
Please PRINT name and relationship to patient Phone Number

# Medicare Wellness Checkup



**COLUMBIA GORGE**  
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**Patient Name:** \_\_\_\_\_  
(last name, first name, middle initial)

1. During the past four weeks, how would you rate your health in general?

Good  
Fair  
Poor

2. Do you exercise for about 20 minutes three or more days a week?

Yes, most of the time  
Yes, some of the time  
No, I usually do not exercise this much

3. How often do you have trouble taking medicines the way you have been told to take them?

I do not have to take medicine  
I always take them as prescribed  
Sometimes I take them as prescribed  
I seldom take them as prescribed

4. Are you having difficulties driving your car?

Yes, often  
Sometimes  
No  
I do not use a car.

5. Do you always fasten your seat belt when you are in a car?

Yes, usually  
Yes, sometimes  
No

6. How far can you walk without stopping to rest?

I can't walk without help  
Less than 100 feet  
1 block  
Unlimited  
other \_\_\_\_\_

**Please complete both sides**

MDCR W 10/2018

7. Can you get to places out of walking distance without help? (For example, can you travel alone on buses or taxis or drive your own car?)      yes    no
8. Can you go shopping for groceries or clothes without someone's help?      yes    no
9. Can you prepare your own meals?      yes    no
10. Can you meet your personal care needs such as eating, bathing, dressing, or getting around the house without help?      yes    no
11. Can you handle your own money without help?      yes    no

12. How often during the past four weeks have you been bothered by any of the following problems?:

	Always	Often	Sometimes	Seldom	Never
Falling or unsteady when standing					
Sexual problems					
Memory problems					
Trouble hearing					
Problems with teeth or dentures					
Problems using the telephone					
Tiredness or fatigue					

13. Does your family have concerns about your memory or ability to think?      yes    no

List other medical professionals you have seen in the past 12 months.

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Please complete both sides

# (65+) Adult Health Screening Form



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**Patient Name:** \_\_\_\_\_  
(last name, first name, middle initial)

**NOTE:** We request that you update this form at least once per year. If you have already done so, check here:

**Access to Food** In the last 12 months, did you and the people you live with worry that you would run out of food before you were able to get more?  No  Yes

In the last 12 months, did you and the people you live with run out of food before you were able to get more?  No  Yes

**Tobacco Use** Do you currently smoke tobacco cigarettes or cigars?  No  Yes




If so, how much tobacco do you smoke per week? \_\_\_\_\_

Do you use any other tobacco products including chew or e-cigarettes?  No  Yes

If so, how much tobacco do you consume per week? \_\_\_\_\_

**Alcohol Consumption** MEN: How many times in the past year have you had 5 or more drinks in a day?  None  1 or more

WOMEN: How many times in the past year have you had 4 or more drinks in a day?  None  1 or more

**Alcohol:** One drink =  12 oz. beer  5 oz. wine  1.5 oz. liquor (one shot)

**Recreational Drugs** How many times in the past year have you used a recreational drug or used a prescription medication for nonmedical reasons?  None  1 or more

Note: Recreational drugs include methamphetamines (speed, crystal), cannabis (marijuana), inhalants (paint thinner, aerosol, glue), tranquilizers (Valium), barbiturates, cocaine, ecstasy, hallucinogens (LSD, mushrooms), or narcotics (heroin).

**Mood** Over the past 2 weeks, how often have You been bothered by any of the following problems?

	Not at all	Several Days	More than half the days	Nearly every day
PHQ2 (2015) 1. Little interest or pleasure in doing things	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Feeling down, depressed, or hopeless	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Caffeine Use** Do you consume caffeine in coffee, tea, energy drinks, etc.?  No  Yes

If so, how much caffeine do you consume in a typical day? \_\_\_\_\_

# Adult Review of Systems



**COLUMBIA GORGE**  
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Check ANY symptoms you've experienced  
in the last 6 months.:

Last Dental exam: \_\_\_\_\_ Last Vision exam: \_\_\_\_\_

<b>General symptoms</b>	None	Fever	Night sweats	Weight loss	Weight gain	Increased fatigue	
<b>Head &amp; Eyes</b>	None	Eye pain	Headache	Loss of vision	Need glasses/contacts		
<b>Ear, Nose, &amp; Throat</b>	None	Ear pain	Allergies	Sinusitis	Hearing loss	Snoring	Daytime sleepiness
<b>Cardio-vascular</b>	None	Chest pain	Shortness of breath	Racing or irregular heartbeat	Difficulty breathing with exertion	Swelling of calves/ankles	Calf pain while walking
<b>Respiratory</b>	None	Cough	Coughing up blood	Increased phlegm	Shortness of breath	Wheezing	
<b>Gastro-intestinal</b>	None	Abdominal pain	Blood in stool or black stool	Loss of stool	Diarrhea or constipation	Nausea, vomiting, or indigestion	Trouble swallowing
<b>Urinary</b>	None	Blood in urine	Loss of urine	Pain with urination	Increased urination	Urinating at night	Incomplete emptying
<b>Male only</b>	None	Erectile dysfunction	Changes in urinary stream				
<b>Female only</b>	None	Abnormal or painful periods	Painful intercourse	Chronic pelvic pain	Abnormal vaginal discharge	PMS	Last period: _____
<b>Musculo-skeletal</b>	None	Muscle weakness	Muscle or joint pain	Morning stiffness	Severe joint pain		
<b>Skin</b>	None	Rash	Non-healing sores	Dry skin	Changes in moles		
<b>Breast</b>	None	Breast discharge	Breast pain	Breast lump			
<b>Neurologic</b>	None	Fainting	Seizures	Numbness	Dizziness	Tremors	Falls
		Weakness	Trouble walking	Headache	Severe memory problems		
<b>Psychiatric</b>	None	Depression	Crying	Poor sleep	Severe anxiety	High stress	
<b>Endocrine</b>	None	Diabetes	Hypothyroid	Hyperthyroid	Hot flashes	Hair loss	Heat or cold intolerance
<b>Hematologic Lymphatic</b>	None	Easy bruising	Swollen lymph glands	Easy bleeding			



# Medical History



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## Medical Problems

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

## Hospitalizations

 Why were you hospitalized? When? Where?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

## List all medications you are currently taking and how often you take them.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

**Do you have any allergies?**  No  Yes \_\_\_\_\_  
(Please list any allergies)

## Please list family members, their relation to you, and anyone else living with you.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

## Patient Social History:

Marital status:  Single  Married  Separated  Divorced  Widowed

Use of alcohol:  Never  Quit  Yes How much? \_\_\_\_\_

Use of tobacco:  Never  Quit  Yes How much? \_\_\_\_\_

Use of street drugs:  Never  Quit  Yes What kind and how often? \_\_\_\_\_

Is there anything about your living situation that we should know? \_\_\_\_\_

## Family History

 Does your family have a history of Cancer, Diabetes, Heart disease, Glaucoma, Melanoma, or other major medical problem?

Mother: \_\_\_\_\_ Father: \_\_\_\_\_ Sibling 1: \_\_\_\_\_

Maternal Grandmother: \_\_\_\_\_ Paternal Grandmother: \_\_\_\_\_ Sibling 2: \_\_\_\_\_

Maternal Grandfather: \_\_\_\_\_ Paternal Grandfather: \_\_\_\_\_ Sibling 3: \_\_\_\_\_

Other family medical history: \_\_\_\_\_ Sibling 4: \_\_\_\_\_

## Adult Women's Health

 (For female patients only)

Last menstrual period: \_\_\_\_\_ Number of pregnancies: \_\_\_\_\_ Date of last Pap: \_\_\_\_\_

First menstrual period: \_\_\_\_\_ Number of live births: \_\_\_\_\_ History of abnormal Pap? \_\_\_\_\_

Current birth control: \_\_\_\_\_ Complications: \_\_\_\_\_ Date of last mammogram: \_\_\_\_\_